

CAP Order Form

● PM prices apply to Peninsular Malaysia ● EM prices apply to East Malaysia ** All prices quoted are for MALAYSIAN POSTAL ADDRESS only

Titles	PM (RM)	EM (RM)	Qty (RM)	Total	Titles	PM (RM)	EM (RM)	Qty (RM)	Total
Avoid chemicals in your food	5.00	5.50			Natural farming for earth's sake	4.00	4.50		
Baby food guide	2.50	3.00			Natural wisdom	3.00	3.50		
Beyond consumer cultures	9.00	10.00			Non stick pans can causes sickness	4.00	4.50		
Bicycle is best for transport, health, economic gains	4.00	4.50			Obesity	4.00	4.50		
Brain foods	5.00	5.50			Organic farming	1.20	1.50		
Breastfeeding makes your child intelligent	4.00	4.50			Our immune system	4.00	4.50		
Can doctors be trusted?	2.50	3.00			Penang perspective — My island in the sun II	25.00	26.00		
Cancer-causing chemicals in cosmetics & daily use products	4.00	4.50			Perfume is poison	6.00	6.50		
Caught in the web	4.00	4.50			Pest repellent — Managing pest in natural farming	4.00	4.50		
Changing directions — towards sustainable transport in Malaysia	5.00	5.50			Prevent cancer	2.50	3.00		
Chemical hazards	3.00	3.50			Prevent cancer with good eating & living habits	5.00	5.50		
Combating climate change	6.00	6.50			Protect your child	15.00	16.00		
Computer do not help children learn	2.50	3.00			Reflections on Malaysian society	8.00	9.00		
Contaminated humans — over 300 Chemicals found in our blood	6.00	6.50			Series 1: Romantic love self love	3.00	3.50		
Cosmetics & personal care products	6.00	6.50			Series 2: Unconditional love	3.00	3.50		
Danger foods	20.00	21.00			Series 3: Love for home & children	3.00	3.50		
Don't be a victim of mindless buying	6.00	6.50			Series 4: Love god, humanity & life	3.00	3.50		
Eating chemicals from food packaging	5.00	5.50			Soil health	2.50	3.00		
Eating right	6.00	6.50			Shocking ingredients in your food	12.00	13.00		
Emotional fitness	19.00	20.00			State of the environment in Malaysia	80.00	85.00		
Exercise as medicine	26.00	27.00			Teens thinking about money	4.00	4.50		
Fashion that hurts	6.00	6.50			The happiness factor	8.00	9.00		
Fatimah's kampung (softcover)	65.00	70.00			The hormone replacement therapy hoax	4.00	4.50		
Fatimah's kampung (hardcover)	95.00	100.00			The money book	25.00	26.00		
From garden to plate	4.00	4.50			The new silent killer	5.00	5.50		
Fruits — A nutrition guide	5.00	5.50			The real thing in soft drinks	2.50	3.00		
Good gut, good health	6.00	6.50			Toxic trans fat in processes foods	7.00	7.50		
Halal Haram in culture	25.00	26.00			Toxics in plastics	2.50	3.00		
Halal haram — An important book for muslim consumers	18.00	19.00			Unsound ultrasound	2.50	3.00		
Health supplements	5.00	5.50			Vegetables — A nutrition guide	7.00	7.50		
Heart disease: prevention, natural cures & reversal	22.00	23.00			Water for health	5.00	5.50		
Herbs in daily life	4.00	4.50			We are human guinea pigs	6.00	6.50		
Hidden dangers In vaccines	4.00	4.50			What's in your bread	3.00	3.50		
High risks in caesarean births	8.00	9.00			What they don't tell you about milk	3.00	3.50		
Home nutrition garden	2.50	3.00			What you should know about genetically modified foods	4.00	4.50		
How much salt is hidden in your foods	5.00	5.50			What's wrong with eating meat	2.50	3.00		
How school affects your kids	4.00	4.50			Why you can't lose weight	6.00	6.50		
How sleep affects your body & mind	3.00	3.50							
How sugar destroys your health	7.00	7.50							
How to complain & get results	16.00	17.00							
How toxic is your cup of coffee?	2.50	3.00							
How TV affects your child's development	2.50	3.00							
How unsafe is your mobile phone	2.50	3.00							
Instant Health Risks	5.00	5.50							
Is MSG safe?	4.00	4.50							
Land issues in Malaysia (Tanah air ku)	28.00	29.00							
Laser eye surgery	2.50	3.00							
Lead and your ill health	5.00	5.50							
Low level radiation — The invisible killer	8.00	9.00							
Malaysian environment in crisis	18.00	19.00							
Metabolic syndrome	4.00	4.50							
Microwave ovens — A recipe for cancer and other health effects	2.50	3.00							
Money matters for young people	6.00	6.50							
My island in the sun	13.00	14.00							

TOTAL AMOUNT

I wish to pay by (please tick ✓):
 [All payments to: **Consumers Association Of Penang**]
 Master Card Visa
 Cheque/Postal/Money Order:
 Card No: Exp. Date:
 Amount:

Signature:
 Name:.....
 Address:.....
 Email:Tel. No:

Consumers Association Of Penang (Marketing Section)

**10 Jalan Padang Tembak, Taman Goh Guan Ho,
 11400 Air Itam, PENANG
 Tel: 04-2263511 Fax: 04-2268106
 E-mail: consumerofpenang@gmail.com**